

**ENVIRONMENT: Classroom Disruption Conflict Bullying** Esteem Anger Aggression Violence Drugs Alcohol Hate Disrespect Threats Intimidation Absenteeism **Depression** Self-Harm Suicide?!

**SOLUTION:** VisionHeart provides a multi-phase training solution presented to students,

CASE STUDY BEFORE TRAINING: 56.1% of the students at Route Academy said that they were bullied or had been bullied at their previous school.

parents, staff and entire community. The program delivery is supported by curriculum, with important impact data collated through online pre and post delivery surveys.

CASE STUDY AFTER TRAINING: Just 3.2% of the same student group said they were being bullied or had been bullied at Route 39 Academy. 85.1% of the students at Route 39 Academy commented that The Scary Guy Training had an impact in helping them to know what to do / resolve their feelings when faced with the negative words and actions of others.

**RESEARCH SHOWS:** VisionHeart's school research shows that reactionary belief systems are the central driver for a spiral of negative behavioUrs ranging from low level classroom disruption to persistent challenging behaviour, and encompassing the serious extremes of student aggression, self-harm and suicide.

"A central focus of VisionHeart's teaching is to train people how to move from a reactionary mindset to a responsive mindset, where they are equipped with the skills to self resolve issues of conflict that they may face."

In a sample group of students at Route 39 Academy, before their training, 63.04% of students exhibited a reactionary mindset with "telling their teacher or parent", " just ignoring it" or "doing it back" as their selected solution to situations where they felt bullied. In contrast, following their training, 79.55% of the student group selected using their VisionHeart training as a solution to situations where they felt bullied.

PRINCIPAL: Joss Hayes. Principal, Route 39 says; "VisionHeart programmes are highly sustainable - including the option to establish a core team of teachers in your school who will lead on the delivery of the theories and concepts. VisionHeart programmes reach home - including classes for parents to acquire the skills and strategies that they can use to support their child more effectively - connecting child, school and home. VisionHeart programmes provide the option for 'turn around' one to one sessions for at risk students."

## TO ACQUIRE ADDITIONAL INFORMATION:



Contact Cathryn Woodhall BA Hons, PGCE, Dip. RSA Director of Curriculum Development Worldwide

E Mail: cathryn@thescaryguy.com

UK Office: +44 (0) 1942 233 040 UK Mobile: +44 (0) 7508 200 491 UK Mobile: +44 (0) 7496 605 866

